

I'M KRISTEN O'SHEA...

and I'm ready to engage, energize and inspire your audience!

What could happen if everyone in your organization was working *with* their strengths, not against them? That's the big question I want to help you answer during your next event. As a coach, consultant and speaker, I help individuals and teams identify their strengths and discover how to use them for maximum engagement and productivity in the workplace.

In the following pages, you'll find more about *my* strength: Speaking to groups in a way that energizes and inspires them. I've deployed this strength for organizations of all sizes across the country – and I'm excited for the opportunity to put it to work for your next event.

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